

# Make-A-Plan Monday

August 18-24

## Monday

- Doctrine & Covenants [89](#)
- Doctrine & Covenants [90](#)
- Doctrine & Covenants [91](#)
- Doctrine & Covenants [92](#)

## Tuesday

- "[Your body is sacred](#)," For the Strength of Youth
- "[Principles and Promises](#)," Thomas S. Monson
- Video: "[The Word of Wisdom: The Lord's law of health](#)"

## Wednesday

- Revelations in Context: "[The Word of Wisdom](#)"

## Thursday

- "[All Things for Our Good](#)," Gerrit W. Gong

## Friday

- "[Your Priesthood Playbook](#)," Gary E. Stevenson

## Saturday

- Saints, Volume 1, Chapter 16: "[Only a Prelude](#)"

