

# Come, Follow Me 2026



January 12-18

MON

- Abraham 4
- Abraham 5
- Video: "God's Greatest Creation"

TUE

- Genesis 1
- For the Strength of Youth, "Your body is sacred"

WED

- Moses 2
- "Your Body: A Magnificent Gift to Cherish," Russell M. Nelson

THU

- "Our Earthly Stewardship," Gerald Causse

FRI

- Genesis 2
- Moses 3
- "The Family: A Proclamation to the World"
- Video Highlight: "The Sabbath is a Delight," Russell M. Nelson

SAT

- "Lessons from Eve," Russell M. Nelson